RUTGERS-LIVINGSTON DAY CARE CENTER, INC. Monthly Menu for October 2026

September 28 – October 2, 2026

Diced Peaches Rice Krispies Cereal	Pineapple Tidbits Corn Squares Cereal	Bananas Oatmeal	Fruit Cocktail Cinnamon Bread	Kiwis Corn Muffins
Grilled Chicken Baked Beans Applesauce Brown Rice	Beefaroni: Gr. Turkey, Pasta, Cheese Green Beans Oranges Thin Wheat Crackers	Sesame Noodle Chicken Salad [Carrots & Edamame] Mandarin Oranges WW Crackers	Cheese Quesadillas Peas Pears WW Tortilla	Cheese Pie Cauliflower Florets Strawberries Thin Wheat Crackers
Animal Crackers Milk	Cantaloupe Milk	Monterey Jack Cheese Pretzel Sticks	Apples Milk	Banana Bread Milk

October 5 - 9, 2026

Diced Pears Corn Flakes Cereal	Pineapple Tidbits WW Bagels	Bananas Oatmeal	Clementines Blueberry Muffins	Kiwis Corn Flakes Cereal
Hearty Macaroni Corn Diced Peaches WW Bread	Tacos: Gr. Turkey, Shredded Cheese Lettuce & Tomatoes Oranges WW Pita Bread	Tuna Salad Spinach Salad Diced Pears WW Crackers	Pasta Toss with Cheese & Vegetables Mandarin Oranges	Chicken-Barley Stew Carrots & Celery Pears Biscuits
Graham Crackers Milk	Vanilla Yogurt Apples	Pumpkin Bread Milk	Homemade Granola Milk	Cheddar Cheese Cubes / Woven Wheat Crackers

October 12 - 16, 2026

Applesauce Rice Krispies Cereal	Diced Peaches Life Cereal	Bananas Cheerios Cereal	Diced Pears Oatmeal	Mandarin Oranges Cinnamon Bread
Chicken Salad Tomato Soup Fruit Cocktail WW Sand. Skinnys	Pasta Salad with Chicken & Cheese Steamed Broccoli Sliced Grapes	Cheese Pizza Peas Pears [English Muffins]	Turkey Meatloaf Mashed Potatoes Apples Rye Bread	Vegetarian Chili Cucumbers Pineapple Tidbits Quinoa
Three Sisters Stew Milk	Animal Crackers Milk	Hummus Pita Chips	Clementines Pretzel Sticks	Oranges Rice Cakes

October 19 - 23, 2026

Diced Pears Cheerios Cereal	Diced Peaches WW Cheese Toast	Applesauce Oatmeal	Bananas WW Bagels	Mandarin Oranges Life Cereal
Baked Ziti Cauliflower Florets Fruit Cocktail Thin Wheat Crackers	Chicken Stir-Fry Broccoli and Cabbage Pineapple Tidbits Brown Rice	Sloppy Joes Green Beans Oranges WW Pita Bread	Chicken Noodle Soup [Carrots and Celery] Apples Italian Bread	Scrambled Eggs Roasted Potatoes Strawberries Rye Bread
Graham Crackers Milk	Homemade Granola Milk	Cornbread Milk	Pears Rice Cakes	Monterey Jack Cheese Pretzel Sticks

October 26 - 30, 2026

Pineapple Tidbits Rice Squares Cereal	Fruit Cocktail Corn Flakes Cereal	Mandarin Oranges Pancakes	Diced Pears Life Cereal	Kiwis Cheerios Cereal
Vegetarian Chili Corn Diced Peaches Quinoa	Tuna Salad Tomato Soup Pears WW Crackers	WW Spaghetti with Turkey Meat Sauce Steamed Broccoli Apples	Roasted Chicken Mashed Potatoes Diced Peaches Thin Wheat Crackers	Turkey and Cheese Sandwiches Spinach Salad Pineapple Tidbits WW Bread
Animal Crackers Milk	Zucchini Bread Milk	Homemade Granola Milk	Mozzarella Cheese WW Crackers	Pumpkin Bread Mandarin Orange "Jack-o'-Lanterns"

1% low-fat milk is served with all breakfasts and lunches.
The menu is subject to change.