

# RUTGERS-LIVINGSTON DAY CARE CENTER, INC. Monthly menu for October 2024

## September 30 – October 4, 2024

Diced Peaches Cheerios	Applesauce Rice Krispie Cereal	Bananas Oatmeal	Pineapple Tidbits Blueberry Muffins	Clementines Corn Flakes Cereal
Cheese Pizza Steamed Broccoli Diced Peaches [WW Eng. Muffins]	Pasta Toss with Cheese & Vegetables Diced Pears WW Crackers	Chicken-Barley Stew Carrots & Celery Cantaloupe Biscuits	WW Spaghetti with Turkey Meat Sauce Corn Sliced Grapes	Vegetarian Chili Cucumbers Pears Quinoa
Animal Crackers Milk	Zucchini Bread Milk	Monterey Jack Cheese Pretzel Sticks	Apples [& Honey] Milk	Hummus Pita Chips

## October 7 – 11, 2024

Diced Pears Cheerios Cereal	Mandarin Oranges WW Bagels	Bananas Rice Krispies Cereal	Applesauce Chex Cereal	Fruit Cocktail Oatmeal
Grilled Chicken Baked Beans Fruit Cocktail Brown Rice	Sesame Noodle Chicken Salad Pineapple Tidbits WW Crackers	Sloppy Joes Peas Sliced Grapes WW Pita	Tuna Salad Spinach Salad Honeydew Melon WW Bread	Beefaroni: Gr. Turkey, WW Pasta, Cheese Cucumbers Diced Peaches Pita Chips
Graham Crackers Milk	Apples Milk	Cheddar Cheese Cubes / Woven Wheat Crackers	Baked Sweet Potatoes Rice Cakes	Watermelon Milk

## October 14 – 18, 2024

Fruit Cocktail Cheerios	Clementines Cinnamon Bread	Bananas Oatmeal	Applesauce Corn Flakes Cereal	Diced Pears Rice Krispies Cereal
Cheese Quesadillas Steamed Broccoli Diced Pears WW Tortilla	Chicken Salad Romaine Lettuce and Tomatoes Apples WW Pita Bread	Turkey Meatloaf Mashed Potatoes Sliced Grapes Rye Bread	Hearty Macaroni Cucumbers Strawberries WW Crackers	Stir-Fry Chicken Broccoli and Cabbage Pineapple Tidbits Brown Rice
Animal Crackers Milk	Honey-Glazed Carrots/Rice Cakes	Orange Slices Milk	Cornbread Milk	Hummus Pita Chips

## October 21 – 25, 2024

Fruit Cocktail Corn Squares Cereal	Bananas Vanilla Yogurt	Pineapple Tidbits Oatmeal	Mandarin Oranges WW Bagels	Applesauce Chex Cereal
Grilled Chicken Baked Beans Mandarin Oranges Quinoa	Sloppy Joes Corn Diced Pears WW Pita	Baked Ziti Green Beans Cantaloupe WW Bread	Fish Tacos Romaine Lettuce and Tomatoes Pears WW Sand. Skinnys	Roasted Chicken Mashed Potatoes Strawberries Rye Bread
Graham Crackers Milk	Orange Slices Rice Cakes	Hummus WW Pita Chips	Sweet Potato & Apple Bake/ Milk	Granola Milk

## October 28 – November 1, 2024

Pineapple Tidbits Cheerios	Bananas Oatmeal	Applesauce Corn Flakes Cereal	Clementines Rice Krispies Cereal	Fruit Cocktail Cornbread
Cheese Pizza Steamed Broccoli Diced Peaches [WW Eng. Muffins]	Turkey Meatloaf Mashed Potatoes Sliced Grapes Rye Bread	Vegetarian Chili Cucumbers Oranges Quinoa	"Ghost" Sandwiches [turkey & cheese] Tomato Soup Diced Peaches WW Bread	Tuna Salad Spinach Salad Strawberries WW Sand. Skinnys
Animal Crackers Milk	Baked Sweet Potatoes Rice Cakes	Monterey Jack Cheese Pretzel Sticks	Pumpkin Bread Mandarin Orange "Jack-o'-Lanterns"	Baked Samosas Mangoes



1% lowfat milk is served with all breakfasts and lunches.  
Menu is subject to change.

