RUTGERS-LIVINGSTON DAY CARE CENTER, INC. Monthly menu for November 2024

	Oc	tober 28 – November 1	, 2024	
Diced Pears	Applesauce	Bananas	Clementines	Diced Peaches
Cheerios Cereal	Rice Square Cereal	Oatmeal	Corn Flakes Cereal	Cornbread
Cheese Pizza	Vegetarian Chili	Turkey Meatloaf	"Ghost" Sandwiches	Tuna Salad
Steamed Broccoli	Cucumbers	Mashed Potatoes	[turkey & cheese]	Tomato Soup
Diced Peaches	Strawberries	Pears	Spinach Salad	Oranges
[WW Eng. Muffins]	Quinoa	Rye Bread	Fruit Cocktail	WW Sand. Skinnys
			WW Bread	
Animal Crackers	Sweet Potato	Monterey Jack	Pumpkin Bread	Baked Samosas
Milk	Wedges	Cheese	Mandarin Orange	Mangoes
	Rice Cakes	Pretzel Sticks	"Jack-o'-Lanterns"	
November 4 – 8, 2024				
Diced Pears	Applesauce	Bananas	Mandarin Oranges	
Corn Squares Cereal	Oatmeal	Rice Krispies Cereal	Blueberry Muffins	
Grilled Chicken	Baked Ziti	Sesame Noodle	Sloppy Joes	RLDCC
Baked Beans	Cauliflower Florets	Chicken Salad	Peas	Closed:
Fruit Cocktail	Oranges	Pineapple Tidbits	Pears	Professional
Brown Rice	WW Bread	WW Crackers	WW Pita	Development
Graham Crackers	Cheddar Cheese	Apples	Banana Bread	
Milk	Cubes / Woven	Milk	Milk	
	Wheat Crackers			
November 11 – 15, 2024				
Fruit Cocktail	Clementines	Bananas	Applesauce	Diced Pears
Cheerios Cereal	Oatmeal	Cinnamon Bread	Cheese Toast	Corn Squares Cereal
Cheese Quesadillas	Chicken Noodle	Tacos: Gr. Turkey,	Stir-Fry Chicken	Hearty Macaroni
Steamed Broccoli	Soup	Shredded Cheese	Broccoli and	Roasted Butternut
Diced Pears	Sliced Grapes	Lettuce & Tomatoes	Cabbage	Squash
WW Tortilla	Italian Bread	Diced Peaches	Pineapple Tidbits	Strawberries
		WW Pita	Brown Rice	WW Crackers
Sweet Potato &	Orange Slices	Pumpkin Bread	Hummus	Strawberry Yogurt
Apple Bake/ Milk	Milk	Milk	WW Pita Chips	Animal Crackers
November 18 – 22, 2024				
Fruit Cocktail	Bananas	Pineapple Tidbits	Diced Pears	Applesauce
Rice Krispies Cereal	Vanilla Yogurt	Oatmeal	WW Bagels	Corn Flakes Cereal
WW Spaghetti with	Fish Tacos	Chicken-Barley Stew	Beefaroni: Gr. Turkey,	Pasta Toss with
Turkey Meat Sauce	Romaine Lettuce	Carrots & Celery	WW Pasta, Cheese	Cheese & Vegetables
Corn	and Tomatoes	Apples	Cucumbers	Clementines
Mandarin Oranges	Pears	Biscuits	Diced Peaches	Thin Wheat Crackers
	WW Sand. Skinnys		WW Pita Chips	
Graham Crackers	Granola	Orange Slices	Corn Muffins	Sweet Potato &
Milk	Milk	Rice Cakes	Milk	Apple Bake/Milk
		November 25 – 29, 202	24	
Pineapple Tidbits	Bananas	Diced Pears		
Rice Square Cereal	Oatmeal	Cheerios Cereal		
Cheese Pizza	Chicken Salad	Roast Turkey		
Steamed Broccoli	Spinach Salad	Stuffed Pumpkin	R-LDCC Closed:	R-LDCC Closed:
Diced Peaches	Sliced Red Grapes	Mashed Potatoes	Thanksgiving Holiday	Thanksgiving Holiday
[WW Eng. Muffins]	WW Pita	Applesauce		
		Bread Stuffing		
Animal Crackers	Mozzarella Cheese	Pumpkin Bread		
Milk	Pretzel Sticks	Milk		



1% low-fat milk is served with all breakfasts and lunches. Menu is subject to change.

