

RUTGERS-LIVINGSTON DAY CARE CENTER, INC. Monthly menu for September 2024

September 2 – 6, 2024

	Diced Peaches Cheerios	Bananas Oatmeal	Applesauce Blueberry Muffins	Diced Pears Life Cereal
RLDCC Closed for Labor Day	Grilled Chicken Baked Beans Fruit Cocktail Brown Rice	WW Spaghetti with Turkey Meat Sauce Corn Sliced Grapes	Vegetarian Chili Cucumbers Pears Quinoa	WW Pasta Toss with Cheese & Vegetables Mandarin Oranges WW Crackers
	Animal Crackers Milk	Vanilla Yogurt Apples	Monterey Jack Cheese/Pretzel Sticks	Watermelon Milk

September 9 – 13, 2024

Diced Pears Cheerios Cereal	Mandarin Oranges WW Bagels	Bananas Rice Krispies Cereal	Fruit Cocktail Oatmeal	Applesauce Chex Cereal
Cheese Pizza Broccoli Diced Peaches [WW Eng. Muffins]	Sesame Noodle Chicken Salad Pineapple Tidbits WW Crackers	Sloppy Joes Corn Sliced Grapes WW Pita	Tuna Salad Spinach Salad Honeydew Melon WW Bread	Chili Mac: Gr. Turkey, WW Pasta, Cheese Cucumbers Diced Peaches Pita Chips
Graham Crackers Milk	Cheddar Cheese Cubes / Woven Wheat Crackers	Apples Milk	Baked Sweet Potatoes/Rice Cakes	Watermelon Milk

September 16 – 20, 2024

Fruit Cocktail Cheerios	Clementines Cinnamon Bread	Bananas Oatmeal	Applesauce Corn Flakes Cereal	Diced Pears Rice Krispies Cereal
Cheese Quesadillas Steamed Broccoli Diced Peaches WW Tortilla	Chicken Salad Romaine Lettuce and Tomatoes Apples WW Pita Bread	Turkey Meatloaf Mashed Potatoes Sliced Grapes Rye Bread	Hearty Macaroni Cucumbers Strawberries WW Crackers	Stir-Fry Chicken Broccoli and Cabbage Pineapple Tidbits Brown Rice
Animal Crackers Milk	Honey-Glazed Carrots/Rice Cakes	Orange Slices Milk	Cornbread Milk	Hummus Pita Chips

September 23 – 27, 2024

Fruit Cocktail Corn Squares Cereal	Bananas Vanilla Yogurt	Pineapple Tidbits Oatmeal	Mandarin Oranges WW Bagels	Applesauce Chex Cereal
Grilled Chicken Baked Beans Fruit Cocktail Quinoa	Sloppy Joes Corn Cantaloupe WW Pita	Baked Ziti Green Beans Diced Peaches WW Bread	Fish Tacos Romaine Lettuce and Tomatoes Watermelon WW Sandwich Skinnys	Chicken Salad Peas Apples WW Crackers
Sweet Potato & Apple Bake/ Milk	Orange Slices Rice Cakes	Hummus WW Pita Chips	Graham Crackers Milk	Cantaloupe Milk

September 30 – October 4, 2024

Pineapple Tidbits Cheerios	Applesauce Rice Krispie Cereal	Bananas Oatmeal	Oranges Corn Flakes Cereal	Fruit Cocktail Cornbread
Cheese Pizza Steamed Broccoli Diced Peaches [WW Eng. Muffins]	Roasted Chicken Mashed Potatoes Strawberries WW Bread	Turkey Meatloaf Mashed Potatoes Fresh Plums Rye Bread	Chicken-Barley Stew Carrots & Celery Apples WW Crackers	Tuna Salad Tomato Soup Spinach Salad WW Sand. Skinnys
Animal Crackers Milk	Vanilla Yogurt Fresh Peaches	Monterey Jack Cheese Pretzel Sticks	Rainbow Veggies Milk	Rice Cakes Cucumbers



1% lowfat milk is served with all breakfasts and lunches.
Menu is subject to change.

