## RUTGERS-LIVINGSTON DAY CARE CENTER, INC. Monthly menu for July 2024

	July 1 -5, 2024		
Applesauce	Diced Peaches		
Corn Squares Cereal	Oatmeal		
Diced Chicken	Sloppy Joes		
Mashed Potatoes	Peas	R-LDCC Closed:	R-LDCC Closed:
Fruit Cocktail	Sliced Grapes	Fourth of July	Fourth of July
Swirl Rye Bread	WW Sandwich Skinnys		
Cantaloupe	Straw/Blueberries		
Rice Cakes	Vanilla Yogurt		
	July 8 - 12, 2024		
Mandarin Oranges	Bananas	Diced Peaches	Applesauce
-	Rice Krispies Cereal	Oatmeal	Chex Cereal
			Sesame Noodle
			Chicken Salad
	•		Pineapple Tidbits
			WW Crackers
			Watermelon
			Milk
-		-	
	luly 15 - 19 2024		
Clementines		Applesquee	Diced Pears
			Rice Krispies Cerea
			Stir-Fry Chicken
			Broccoli and Cabbage
			Pineapple Tidbits
	•		Brown Rice
			Hummus
-	•		Pita Chips
		TVIIIX	
D ave ave ave			A
			Applesauce
		<u> </u>	Chex Cereal
			Grilled Chicken
			Sweet Potatoes
			Cantaloupe
		· · · · · · · · · · · · · · · · · · ·	WW Bread
5			Mozzarella Cheese
Rice Cakes	Pita Chips	Milk	WW Crackers
			1
			Diced Peaches
			Life Cereal
			Chicken Salad
		U U	Peas
		Mandarin Oranges	Pears
Cantaloupe WW Pita	Swirl Rye Bread	WW Crackers	WW Sandwich Skinny
Vanilla Yogurt	Monterey Jack	Watermelon	Baked Sweet
Sliced Grapes	Cheese	Milk	Potatoes/Rice
	Corn Squares Cereal Diced Chicken Mashed Potatoes Fruit Cocktail Swirl Rye Bread Cantaloupe Rice Cakes Mandarin Oranges WW Bagels WW Spaghetti with Turkey Meat Sauce Corn Sliced Grapes Cheddar Cheese Cubes / Woven Wheat Crackers Cheddar Cheese Cubes / Woven Wheat Crackers Clementines Cinnamon Bread Chicken Salad Lettuce and Tomatoes Apples WW Pita Bread Honey-Glazed Carrots/Rice Cakes Bananas Peach Yogurt Fish Tacos Lettuce and Tomatoes Strawberries WW Sandwich Skinnys Orange Slices Rice Cakes	Corn Squares CerealOatmealDiced ChickenSloppy JoesMashed PotatoesPeasFruit CocktailSliced GrapesSwirl Rye BreadWW Sandwich SkinnysCantaloupeStraw/BlueberriesRice CakesVanilla YogurtJuly 8 - 12, 2024Mandarin OrangesBananasWW BagelsRice Krispies CerealWW Spaghetti withTuna SaladTurkey Meat SauceSpinach SaladCornWB BreadCheddar CheeseGranolaCubes / WovenMilkWheat CrackersJuly 15 - 19, 2024ClementinesBananasCinnamon BreadOatmealChicken SaladTurkey MeatloafLettuce and TomatoesApplesApplesSliced GrapesWW Pita BreadMashed PotatoesApplesSliced GrapesWW Pita BreadOrange SlicesMashed PotatoesSliced GrapesWW Pita BreadPineapple TidbitsPeach YogurtOatmealFish TacosCheese PizzaLettuce and TomatoesPeasStrawberriesDiced PeachesWW Sandwich SkinnysPineapple TidbitsOrange SlicesHummusRice CakesPita ChipsDiced ChedarPeasLettuce and TomatoesApplesauceBananasPita ChipsDiced ChickenMashed PotatoesStrawberriesOatmealCheeriosOatmealCheeriosCartotoesStrawber	Applesauce Con Squares CerealDiced Peaches OatmealDiced Chicken Mashed Potatoes Fruit CocktailSloppy Joes Peas Sliced GrapesR-LDCC Closed: Fourth of JulySwirl Rye BreadWW Sandwich SkinnysFourth of JulyCantaloupe Rice CakesStraw/Blueberries Vanilla YogurtFourth of JulyMandarin Oranges WW BagelsBananas Rice Krispies CerealDiced Peaches OatmealWW Spaghetti with Tura SaladTuna Salad Spinach SaladVegetarian Chili CucumbersWW Spaghetti with Turkey Meat Sauce CornSpinach Salad Honeydew Melon MilkVegetarian Chili CucumbersSliced GrapesWW BreadQuinoaCheddar Cheese Cubes / Woven Mheat CrackersGranola Mashed PotatoesBaked Sweet CakesClementines Cinnamon BreadBananas OatmealApplesauce Kix CerealChicken Salad Lettuce and Tomatoes ApplesTurkey Meatloof Mashed PotatoesHearty Macaroni Cucumbers Sliced GrapesWP Pita Bread StrawberriesPineapple Tidbits Diced PeachesMandarin Oranges WW Spaghetti with Turkey MeatloHoney-Glazed Carrots/Rice CakesCheese Pizza Peas Diced PeachesWW Spaghetti with Turkey Meat Sauce CornBananas Peas StrawberriesPita ChipsMilk MilkHuney-Glazed Cheese PizzaMandarin Oranges WW Spaghetti with Turkey Meat Sauce CornPeas StrawberriesDiced Peaches Peas Diced PeachesSliced Grapes CartedWW Sandwich SkinnysDiced Chicken Peas Dice



1% lowfat milk is served with all breakfasts and lunches. Menu is subject to change.

