

RUTGERS-LIVINGSTON DAY CARE CENTER, INC. Monthly menu for July 2024

July 1 -5, 2024

Pineapple Tidbits Life Cereal	Applesauce Corn Squares Cereal	Diced Peaches Oatmeal		
Cheese Quesadillas Steamed Broccoli Diced Pears WW Tortilla	Diced Chicken Mashed Potatoes Fruit Cocktail Swirl Rye Bread	Sloppy Joes Peas Sliced Grapes WW Sandwich Skinnys	R-LDCC Closed: Fourth of July	R-LDCC Closed: Fourth of July
Animal Crackers Milk	Cantaloupe Rice Cakes	Straw/Blueberries Vanilla Yogurt		

July 8 - 12, 2024

Diced Pears Kix Cereal	Mandarin Oranges WW Bagels	Bananas Rice Krispies Cereal	Diced Peaches Oatmeal	Applesauce Chex Cereal
Grilled Chicken Baked Beans Fruit Cocktail Brown Rice	WW Spaghetti with Turkey Meat Sauce Corn Sliced Grapes	Tuna Salad Spinach Salad Honeydew Melon WW Bread	Vegetarian Chili Cucumbers Pears Quinoa	Sesame Noodle Chicken Salad Pineapple Tidbits WW Crackers
Graham Crackers Milk	Cheddar Cheese Cubes / Woven Wheat Crackers	Granola Milk	Baked Sweet Potatoes/Rice Cakes	Watermelon Milk

July 15 - 19, 2024

Fruit Cocktail Cheerios	Clementines Cinnamon Bread	Bananas Oatmeal	Applesauce Kix Cereal	Diced Pears Rice Krispies Cereal
Cheese Pizza Broccoli Diced Peaches [WW Eng. Muffins]	Chicken Salad Lettuce and Tomatoes Apples WW Pita Bread	Turkey Meatloaf Mashed Potatoes Sliced Grapes Rye Bread	Hearty Macaroni Cucumbers Strawberries WW Crackers	Stir-Fry Chicken Broccoli and Cabbage Pineapple Tidbits Brown Rice
Animal Crackers Milk	Honey-Glazed Carrots/Rice Cakes	Orange Slices Milk	Cornbread Milk	Hummus Pita Chips

July 22 - 26, 2024

Fruit Cocktail Corn Squares Cereal	Bananas Peach Yogurt	Pineapple Tidbits Oatmeal	Mandarin Oranges WW Bagels	Applesauce Chex Cereal
Baked Ziti Green Beans Diced Pears WW Bread	Fish Tacos Lettuce and Tomatoes Strawberries WW Sandwich Skinnys	Cheese Pizza Peas Diced Peaches [WW Eng. Muffins]	WW Spaghetti with Turkey Meat Sauce Corn Sliced Grapes	Grilled Chicken Sweet Potatoes Cantaloupe WW Bread
Graham Crackers Milk	Orange Slices Rice Cakes	Hummus Pita Chips	Zucchini Bread Milk	Mozzarella Cheese WW Crackers

July 29 – August 2, 2024

Pineapple Tidbits Rice Krispies Cereal	Applesauce Cheerios	Bananas Oatmeal	Fruit Cocktail Blueberry Muffins	Diced Peaches Life Cereal
Cheese Quesadillas Steamed Broccoli Diced Pears WW Tortilla	Tacos: Gr. Turkey, Shredded Cheddar Lettuce and Tomatoes Cantaloupe WW Pita	Diced Chicken Mashed Potatoes Strawberries Swirl Rye Bread	Pasta Toss with Vegetables Mandarin Oranges WW Crackers	Chicken Salad Peas Pears WW Sandwich Skinnys
Animal Crackers Milk	Vanilla Yogurt Sliced Grapes	Monterey Jack Cheese Pretzel Sticks	Watermelon Milk	Baked Sweet Potatoes/Rice Cakes



1% lowfat milk is served with all breakfasts and lunches.
Menu is subject to change.

